

# STIR CRAZY CUISINE

## CLIENT INTERVIEW

Do you enjoy soups as a main entrée?  YES  NO  MAYBE  HOT  COLD

Do you enjoy salads as a main entrée?  YES  NO  MAYBE  HOT  COLD

How many times per month do you enjoy the following?

Beef :\_\_\_\_ Pork:\_\_\_\_ Turkey:\_\_\_\_ Fish:\_\_\_\_

Chicken:\_\_\_\_  White  Dark  On-bone  Off-bone

Fish types: \_\_\_\_\_

Shellfish types: \_\_\_\_\_

Do you enjoy vegetarian entrees?  YES  NO  SOMETIMES

Do you enjoy:

Grains  Beans  Bulgur  Nuts  Cheese  Soy cheese

Favorite cheeses: \_\_\_\_\_

Are you lactose intolerant?  YES  NO

Are you allergic to anything?  YES  NO

Do you have any other food sensitivities?  YES  NO

If yes, please list: \_\_\_\_\_

Are there any fruits or vegetables that you particularly like or dislike?

Likes: \_\_\_\_\_

Dislikes: \_\_\_\_\_

Are there other flavors that you particularly dislike?  YES  NO

If yes, please list: \_\_\_\_\_

May I cook with alcohol?  YES  NO

Do you have any of the following conditions?

Diabetes      Heart problems

High blood pressure requiring:  Light salt  No salt

High cholesterol requiring:  Low fat  No fat

Are you trying to lose weight?  YES  NO

Would you like portion control?  YES  NO

Are you on a particular diet?  YES  NO

If yes, which one? \_\_\_\_\_

Do you particularly like or dislike the following cuisines?

Mexican/Latin  LIKE  DISLIKE

Thai  LIKE  DISLIKE

Chinese  LIKE  DISLIKE

Japanese  LIKE  DISLIKE

French  LIKE  DISLIKE

Italian  LIKE  DISLIKE

Other: \_\_\_\_\_

Indicate the level of spiciness you prefer:

Bland  Mild  Medium  Hot  Laser  Incredibly painful

Do you want breads, rolls or tortillas as part of your meals?  YES  NO

If yes, please list your favorites: whole wheat or white or something else:

\_\_\_\_\_

Do you like salads with your entrées?  YES  NO

Please list your favorite salad greens: \_\_\_\_\_

Do you like cherry tomatoes?  YES  NO

Do you have favorite recipes you would like me to use?  YES  NO

If yes, please list or provide: \_\_\_\_\_

How would you prefer to have your meals packaged?

- Individually  For two  Family style

Would you prefer semi-disposables or re-usables?

Semi-disposables (Gladware) \$15 per visit charge

Reusable (Pyrex or Corningware) \$100 deposit required

About your appliances:

Stove:  Gas  Electric Do all burners function?  YES  NO

Oven:  Gas  Electric Functioning and accurate?  YES  NO

Does your microwave work?  YES  NO

Does your garbage disposable work?  YES  NO

Do you have an additional freezer?  YES  NO

Location: \_\_\_\_\_

How will you most likely reheat your entrees  Oven  Microwave

Is there anything else we should be made aware of?

---

---

---

---

---



*Stir Crazy Cuisine*